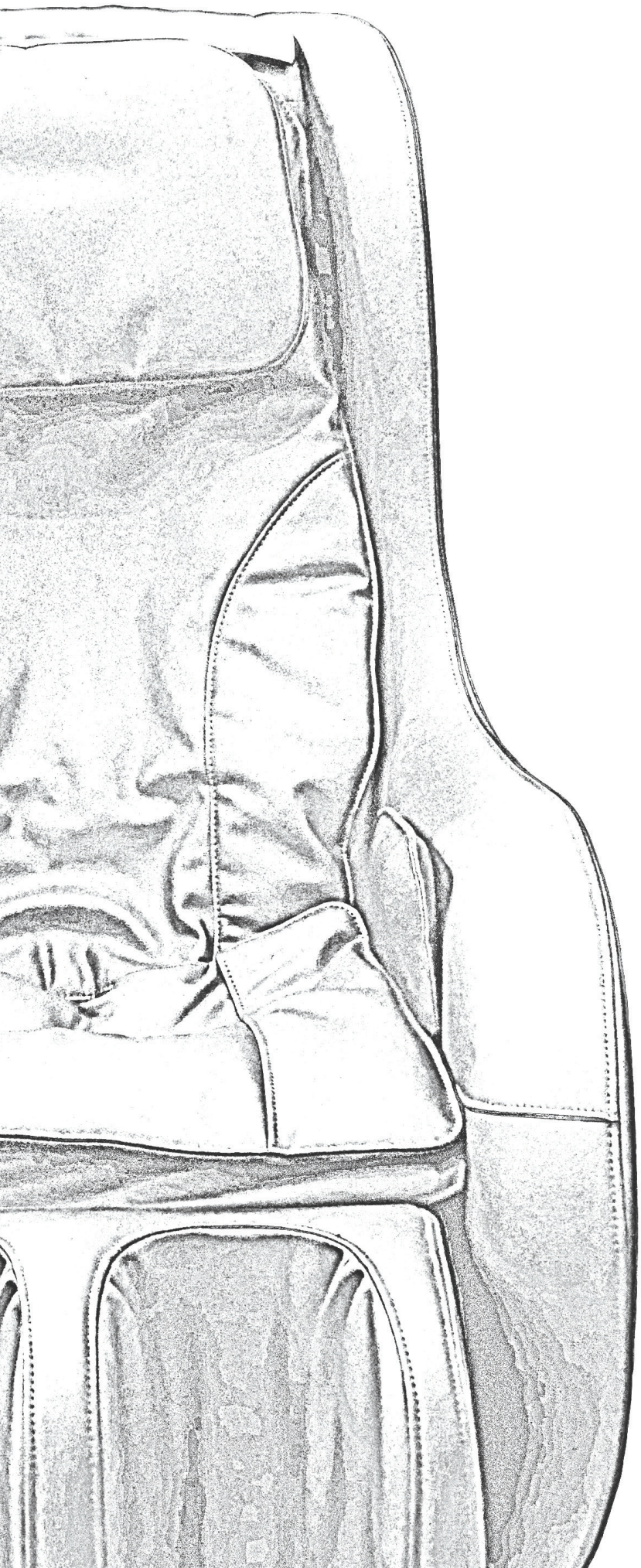


POSITIVE POSTURE®

SŌL MASSAGE CHAIR

OWNER'S MANUAL

Before you start using your massage chair, please read this manual thoroughly for the correct methods of usage, especially taking note of the section on safety.

This manual should be kept on hand for easy reference. It is your guide to safe and efficient operation.

This product is designed for home use.

Model P1900

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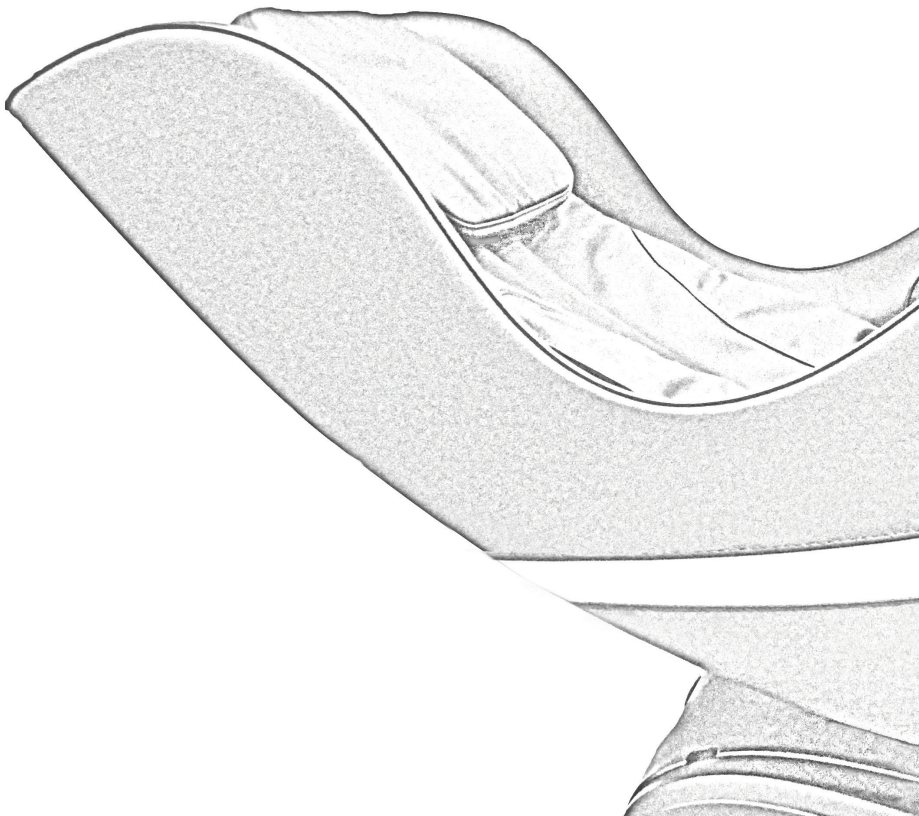
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Note: The pictures in this manual are only for reference. Please refer to the actual product.



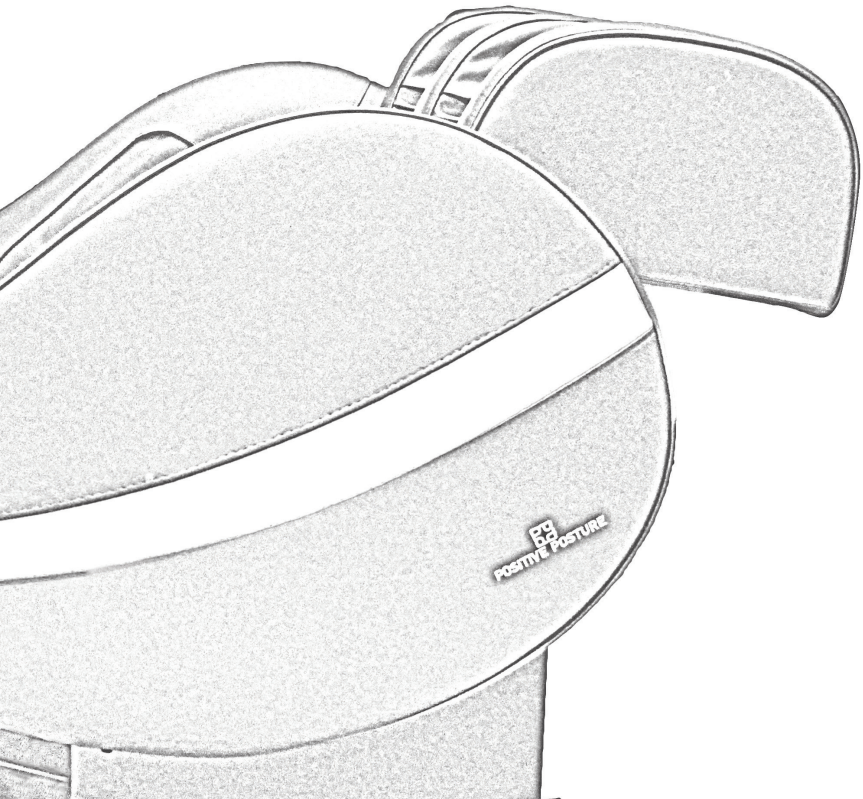
INTRODUCTION

Congratulations on your recent Positive Posture massage chair purchase!

Massage combined with healthy eating, exercise, and a good sleep regimen is a great way to live a happy, productive life. We're confident that your new massage chair will provide you with many years of relaxation.

Your new Positive Posture massage chair includes a 3-year limited warranty. If you have any questions or issues during or after the warranty period, **please contact Positive Posture directly** by calling 720-616-5000 or sending an email to service@positiveposture.com.

Thank you again for making Positive Posture a part of your daily life.



CAUTIONS & WARNINGS

Indications, Symbols, & Descriptions

 WARNING	This action could result in serious injury or death
 CAUTION	This action could result in personal injury or damage to property
	This action is prohibited
	Further action is required
	Do not disassemble
	Unplug power cord from wall outlet

Important Safety Precautions

- Please follow all basic precautions while using this chair.
- Please read all instructions before using this massage chair. Refer to your Owner's Manual for important information about assembly as well as correct and safe procedures for using the chair.
- The above symbols are used to identify important safety instructions. Please familiarize yourself with these symbols and their meanings.
- Remember to keep this operating manual in an easily accessible place.

General Safety



TO REDUCE THE RISK OF ELECTRIC SHOCK

Always unplug this appliance from the electrical outlet immediately after using and before cleaning.



TO REDUCE RISK OF BURNS, FIRE, ELECTRIC SHOCK, OR INJURY TO PERSONS

- An appliance should never be left unattended when plugged in. Unplug from outlet when not in use and before putting on or taking off parts.
- Do not operate under blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
- Close supervision is necessary when this appliance is used by, on, or near children or individuals with disabilities.
- Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- Never operate this appliance if the cord or plug is damaged, if it is not working properly, if it has been dropped or damaged, or if it has been exposed to water. If this happens, contact the service center for examination and repair.
- Do not carry this appliance by the supply cord or use the cord as a handle.
- Keep the cord away from heated surfaces.
- Never operate the appliance with air openings blocked. Keep the air openings free of lint, hair, etc.
- Never drop or insert any object into any opening.
- Do not use outdoors.
- Do not operate where aerosol (spray) products are being used or where oxygen us being administered.
- To disconnect, turn all controls to the off position, then remove plug from the outlet.
- Use heated surfaces carefully. May cause serious burns. Do not use over areas with sensitive skin or in the presence of poor circulation. The unattended use of heat by children or incapacitated persons may be dangerous.
- Keep children away from extended foot support (or other similar parts).
- Connect the appliance to a properly grounded outlet only. See Grounding Instructions.

Grounding Instructions

This product must be grounded. If it should malfunction or breakdown, grounding provides a path of least resistance for electric shock. This product is equipped with an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

DANGER: Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product—if it will not fit the outlet, have a proper outlet installed by a qualified electrician.

This product is for use only on a nominal 120V circuit and has a grounding plug that looks like the plug illustrated in Figure A below. Make sure that the product is connected to an outlet having the same configuration as the plug. An adapter should never be used with this product, such as shown in Figure B below.

YES

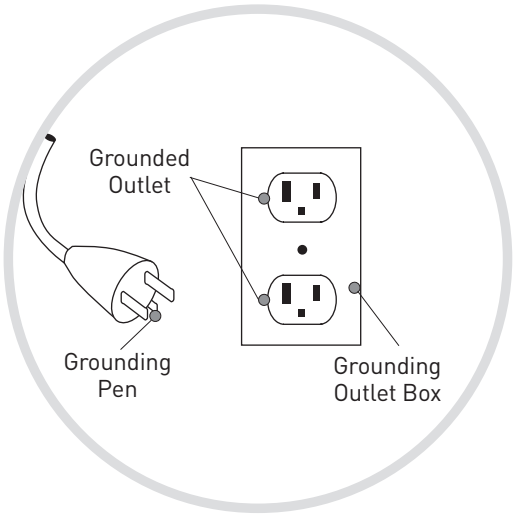


Figure A

NO

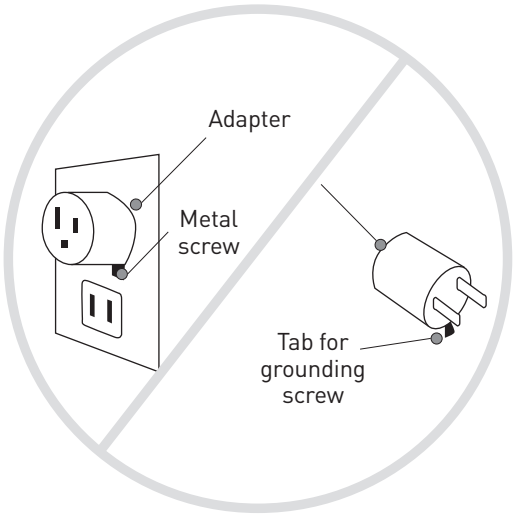


Figure B

Safety During Installation

WARNING



- This product uses a normal Alternating Current (AC) circuit and has a ground plug as displayed in the figure to the right. Always make sure that the chair is connected to an outlet that has the same configuration as the plug, and is fully inserted into the outlet. If the chair should malfunction or break down, the grounding will provide a path of least resistance for electrical current to help reduce the risk of electric shock.
- This chair must be plugged into an appropriate outlet that has been properly installed and grounded in accordance with all local codes and ordinances. It is recommended to always use a surge protector.
- Do not use with any type of transformer device.
- Do not use the chair with a power supply other than those shown in the table on page 5 (Model, Power Supply AC120V).
- Make sure the main switch is in the OFF position before inserting the plug into the outlet.
- Any modification of the plug provided is prohibited and can cause serious injury. If the plug does not fit into an outlet, contact a qualified electrician for proper installation.
- Failure to connect the grounding conductor of the chair can result in the risk of electrical shock. If you feel the product is not properly grounded, please contact a qualified electrician.
- Please unplug this chair from the electrical outlet after use and before any cleaning or maintenance. To do so, ensure the main power switch is in the OFF position, then unplug the chair from the outlet.

CAUTION



- This product is intended for use described in this Owner's Manual. Do not use any attachments that are not recommended by the manufacturer.
- Do not use this appliance if the cord or plug is damaged, if it is not working properly, if it has been dropped or damaged, or if it comes into contact with water. In case of any of these scenarios, please call Positive Posture immediately at 720-616-5000.
- Make sure all air openings are free of lint, hair, or other debris. Do not operate this appliance with the air openings blocked.
- Never use this appliance where aerosol spray products are used or oxygen is being administered.
- Excessive heating of this product can occur and cause fire, electric shock, or serious injury. Do not operate under a blanket, pillow, or heated surface.
- Do not try to move or carry this appliance by pulling or holding onto the power cord.
- Keep power cord away from all heated surfaces.

CAUTIONS & WARNINGS

Safety During Installation



TO AVOID ACCIDENT AND INJURY

- Install the chair on a flat and level surface.
- Allow at least 15.75 (40 cm)“ clearance from the chair’s back to another object and 24” (70 cm) clearance from the chair’s legrest to an object to allow sufficient space for reclining up and down.
- Do not drop or slam the legrest.
- This appliance is not recommended for children under the age of 14. Please keep children away while in use or storage.

TO AVOID DAMAGE

- Do not use outdoors.
- Stoves, heating products, direct sunlight, or other high temperature areas can cause fading, discoloration, or hardening or the upholstery. Please keep your chair away from this type of exposure.

Safety Before Use



PEOPLE NOT SUITABLE TO USE THE CHAIR

- People with circulatory problems (such as varicose veins or thrombosis), children, and those advised not to use a massage chair by their doctor should not use this chair.
- If you have any of the following health conditions, please consult your doctor for medical advice before using this chair: serious heart problems, serious diabetes, serious osteoporosis, serious skin conditions, malignant tumor(s), sensory impairment, pregnancy (or suspected pregnancy) or those who have just given birth, acute gastrointestinal complaints (gastritis, hepatitis, enteritis), joint dysfunction such as rheumatism, hammer toe and gout, thecitis (or suspected thecitis), high fever, spinal abnormalities due to past injury or ailment, curvature of the spine (scoliosis), acute neck sprain (whip lash), or any other medical condition that may contraindicate usage of this product.
- Seek medical advice before using this chair if you have a pacemaker or other electronic medical device, if you have been restricted to bed rest, or if you are planning to use this chair to treat a specific ailment, to recover from surgery, or for therapy.
- Elderly people and those with weak bones should seek medical advice before using this chair even if they do not have a specific disease or disorder mentioned above.
- Do not use this chair if you have recently consumed alcohol.
- This chair is not to be used by people with reduced physical, sensory, or mental capabilities unless they are supervised by the person responsible for their safety.

Safety Before Use, continued...



TO AVOID ACCIDENT, INJURY, AND DAMAGE

- Do not use this chair for any other reason than described in this manual.
- Do not use this chair with any other therapeutic device or accessory besides those included.
- This chair is intended to be used with all the fabric attached. Failure to do so can result in serious injury.
- Check for any holes or tearing in the active massage area of the chair before each use. If a tear is noticed, stop using immediately and contact Positive Posture at 720-616-5000.
- Check the position of the roller mechanism prior to sitting down. If the rollers are not in the storage position, turn the power on and check that the chair is operating properly. For the proper storage position, see page 12.
- Do not move the chair while someone is in it.
- Do not stand on this chair.
- Do not sit on any part of the chair other than the seat.
- Do not sit, stand, or lean on the legrest unless you are sitting in or getting up from the chair.

Safety During Use



TO AVOID ACCIDENT AND INJURY

- Do not scratch, tear, treat, twist, stretch, or bend the power or remote cord.
- Spilling water or other liquids on this chair may result in electric shock, short circuit, or combustion.
- Keep all children and pets off the chair and away from the surrounding moving area.
- Do not allow children or individuals with disabilities near the chair without close supervision. Keep all persons away from the reclining backrest and extending legrest to avoid injury.
- Do not use the chair while more than one person is sitting in it, or when holding a baby or small child.
- Do not use the chair if any part of your body, including your hands, is wet.
- Do not use the chair unclothed.
- Do not use this chair for any purpose other than its intended uses outlined in this manual.
- Do not use the chair to massage the head, chest, stomach, and/or joints including knees and elbows.

Safety During Use, continued...



TO AVOID ACCIDENT AND INJURY

- Do not place your hands or feet into the roller tracks, or into any moving parts, such as the reclining mechanism.
- Remove all hard objects, such hair accessories or jewelry, before using.
- Do not use the legrest for anything other than legs.
- Do not operate this massage chair without someone in it.
- Do not put your hands or head between or beneath the leg rest.
- Do not sleep in the chair.
- Never unplug the power cord during operation.
- Upon initial use of this chair, start off with a lighter massage. Starting off with a deep massage may result in injury. Elderly and people with weak bones should be careful while selecting massage intensity.
- If you notice any abnormal condition or in case of an emergency, push the Emergency Stop button on the remote to stop operation immediately.
- Immediately discontinue use of the chair and seek medical advice if you notice any acute pain or unusual physical discomfort.
- If the massage feels too strong, discontinue use immediately.
- Do not use this chair with the back pad removed.



TO AVOID DAMAGE

- Do not use this chair if there is a power outage or the possibility of one. In this case, stop using the chair immediately, turn the power switch off, and unplug the cord from the wall outlet.
- Do not use this chair if there is a threat of lightning. If so, stop operation immediately, turn the main power switch off, and unplug the chair from the wall outlet.
- If a specific operation does not start or you find any incidence of abnormality, stop using the chair, turn off the main power switch, and unplug the cord from the wall outlet. Call Positive Posture immediately.

Safety During Use, continued...



TO AVOID DAMAGE

- Do not use this chair for any longer than 30 minutes each day. Avoid using a specific focused area massage for more than 5 minutes at a time. Long and continuous massage in the same position may cause discomfort or bodily harm.
- Do not attempt to force your legs back into the legrest if they come out. Undue force may result in damage to the chair.

OTHER SAFETY PRECAUTIONS

- Do not cause any major impacts to the chair.
- Do not sit on any part of the chair other than the seat.

Safety After Use and When Not in Use



TO AVOID ACCIDENT, INJURY, AND DAMAGE

- Do not plug or unplug the chair with wet hands.
- Do not use any other power cord except the one supplied.
- Grasp the power plug when unplugging the cord from an outlet. Do not use the power cord to pull.
- Turn the main power switch off and unplug the power cord from the wall outlet after each use.
- Always recline the seat back to the upright position after using.
- Wipe down the chair after each use.
- Always store the chair in a low humidity environment.
- Do not place any objects on the chair.
- In case of malfunction, do not attempt to repair. Contact Positive Posture at 720-616-5000.
- Do not modify any part of the chair.
- Be sure to include this Owner's Manual when transferring this chair to another party.
- Do not dispose of this product or its accessories without consulting with your local authorities beforehand.

MAIN FEATURES

Massage Mechanism with Comfort Wave Motion

Developed based on traditional Chinese massage techniques, the Sōl massage mechanism is capable of a unique side-to-side "Comfort Wave" movement along with the more traditional motions of kneading, tapping, and rolling. Rocking, kneading, and tapping speeds are adjustable.

L-Track Design

The massage track is designed to mimic the shape of the human body, allowing the mechanism to massage from your neck down to your glutes.

Air Massage

Our air massage provides relief to your calves, hips, and outer thighs.

Heat

Relaxing, penetrating low-back heat.

Recline Function

The seat back reclines and the legrest rises with the push of a button.

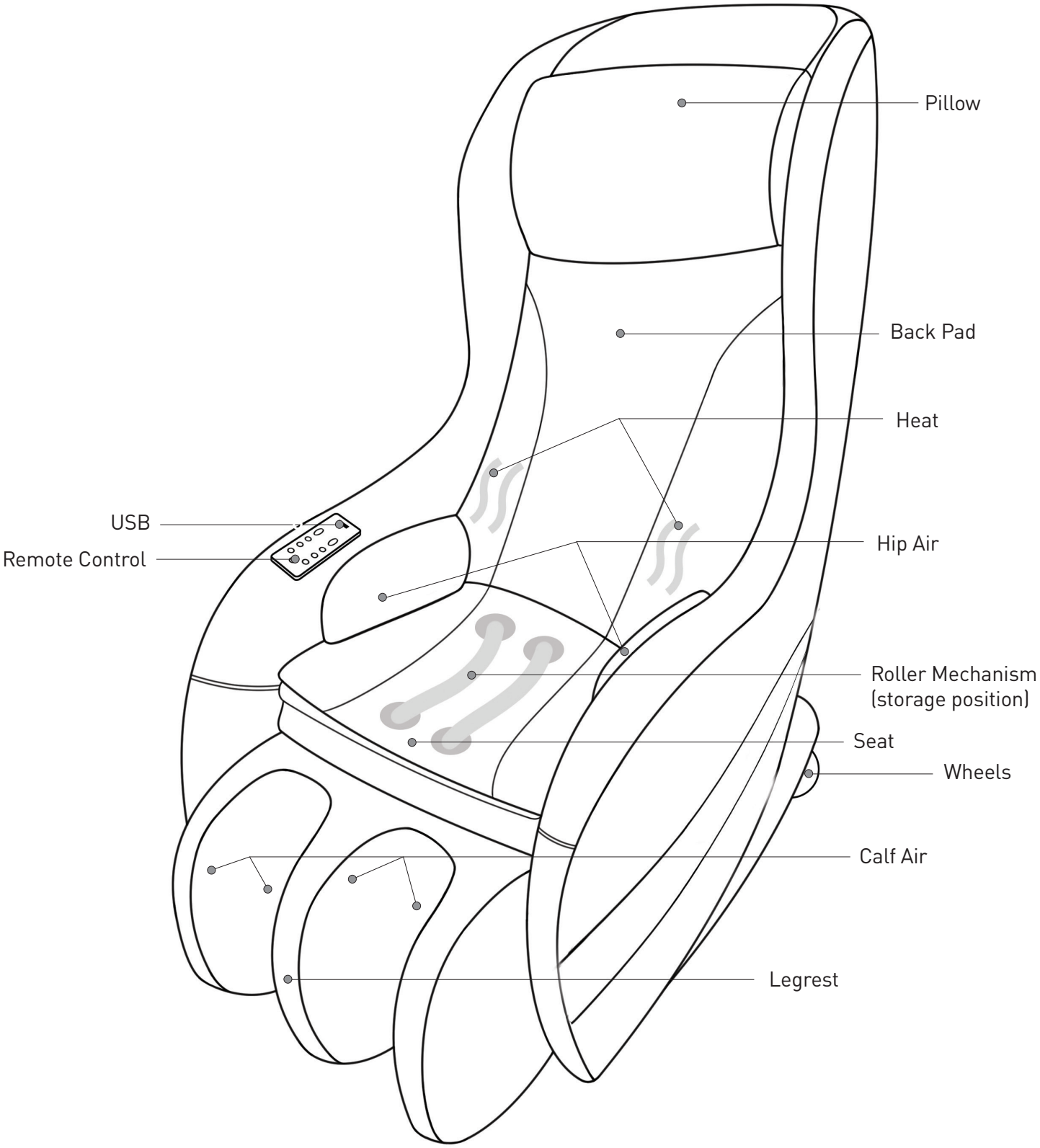
Stylish Remote Control

Our easy-to-use remote offers functional simplicity.

USB Power Port

Located on right arm, the USB ports allow convenient access to charge your smartphone, tablet or other devices while you relax in the chair.

PARTS & FUNCTIONS



ASSEMBLY

Safety During Installation

CAUTION

TO AVOID DAMAGE

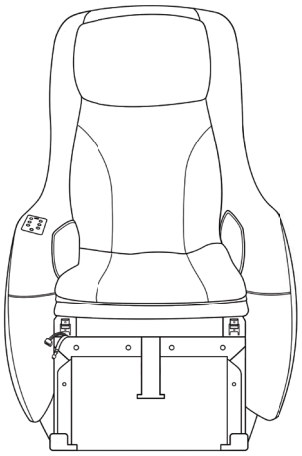
- Do not install the chair in an area of high humidity, such as a bathroom or sauna.
- Do not use the chair in an excessively humid or dusty environment as this may result in malfunction or electric shock.
- Do not use the chair in a room with a temperature of 104 degrees or higher.
- Do not expose the chair to heaters, stoves, or direct sunlight.
- Keep fire sources, such as cigarettes and ashtrays, away from the chair.
- Ensure chair is installed on a flat and level surface to avoid tipping over.
- As the chair is heavy, please exercise extra care not to damage the floor when positioning the chair.

Assembly Preparation

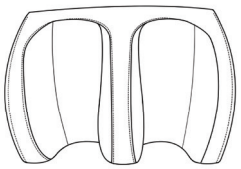
- Ensure there is an allowance of at least 15.75" (40 cm) behind, and 24" (61 cm) in front of the chair to allow the backrest to recline and the leg rest to extend without obstruction during operation.
- Maintain a minimum distance of 3' (92 cm) from AV devices, such as a TV or radio, to prevent signal interference.
- It is recommended that a carpet be placed under the chair to prevent scratching the floor and to reduce noise during operation.
- As the chair is heavy, please exercise extra caution.

Assembling the Chair

Important: Before starting, check the supplied items to ensure all parts are included in the package.
Tools Required: Philips Head Screwdriver



Chair base



Legrest



Power Cord



Screw (x2)

Assembling the Chair, continued...

CAUTION

- To prevent disconnection, be sure to double check all connections by gently pulling on the electrical connector and air hose.
- If not connected properly, the air cells will not inflate as designed.

STEP 1

Unbox chair and place in designated area.

STEP 2

A) Plug the power cord into the back base of the chair, and

B) Turn on the main power. The chair will automatically incline.

Figure A

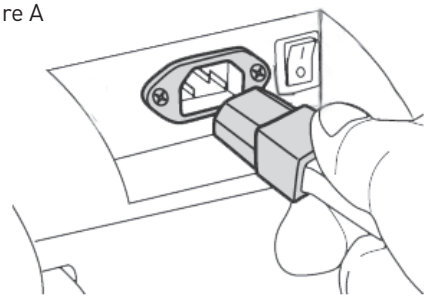
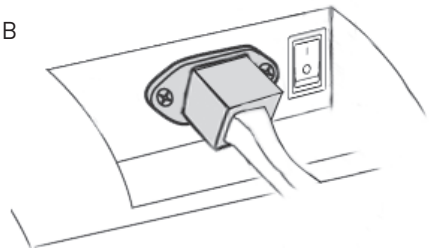
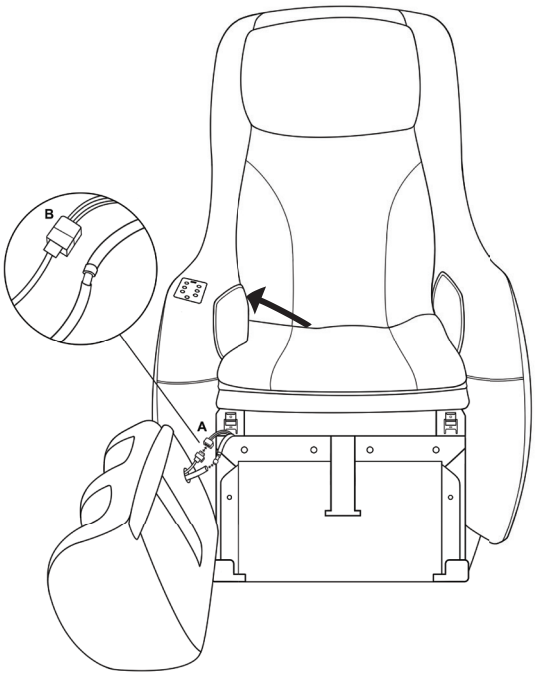


Figure B



STEP 3

Place the legrest in front of the chair, then connect the one electrical connector and the one airline from the legrest to the electrical connector and airline on the base of the chair.

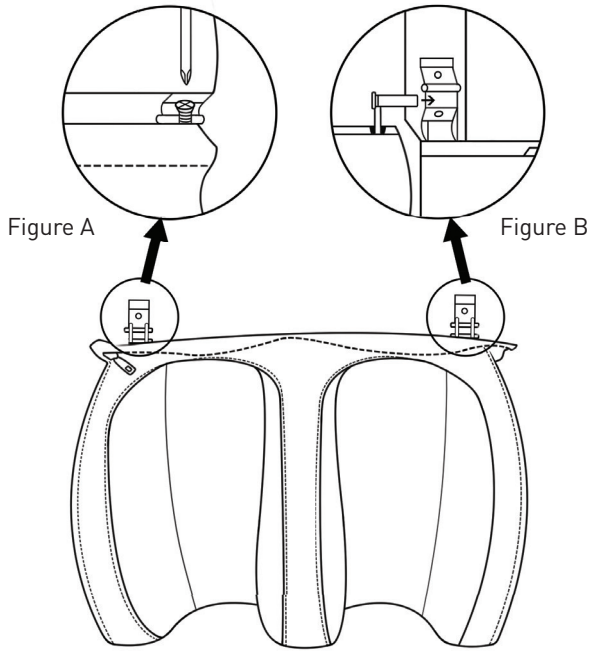


Assembling the Chair, continued...

STEP 4

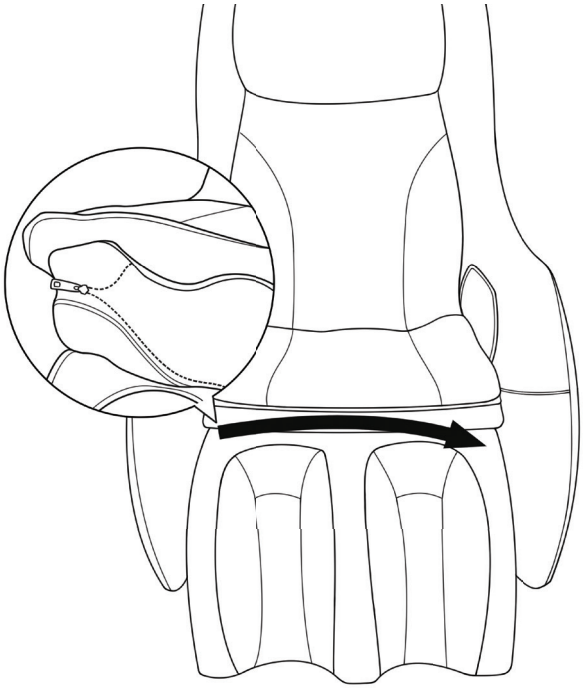
A) First remove the Philips head screws from foot connector on base, and

B) Lift the legrest so the connection point aligns with the legrest brackets on the base. Secure by replacing Philips head screws on each side.



STEP 5

Zip the seat pan cover to the legrest.



STEP 6

Peel protective cover off of remote face.

CAUTION

TO AVOID DAMAGE

- Never move the chair while it is operating or when someone is in it.
- As the chair is heavy, please exercise extra care not to abruptly drop it. This may cause damage to the floor as well as the internal components of the chair.

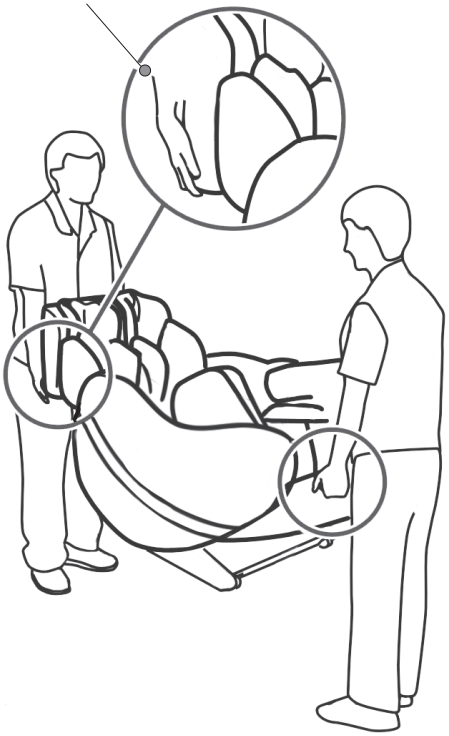
Before moving the chair, turn off the main power and disconnect the power plug from the wall outlet. Bind the cables and put them in the seat to avoid damage when moving the chair.



OPTION 1

Have one person carefully lift the legrest, while a second person lifts using the handles on the back. Carry to desired location.

Hold the legrest



OPTION 2

Standing behind the chair, press down and back to tilt the chair onto it's wheels. Then carefully roll the chair to desired location.

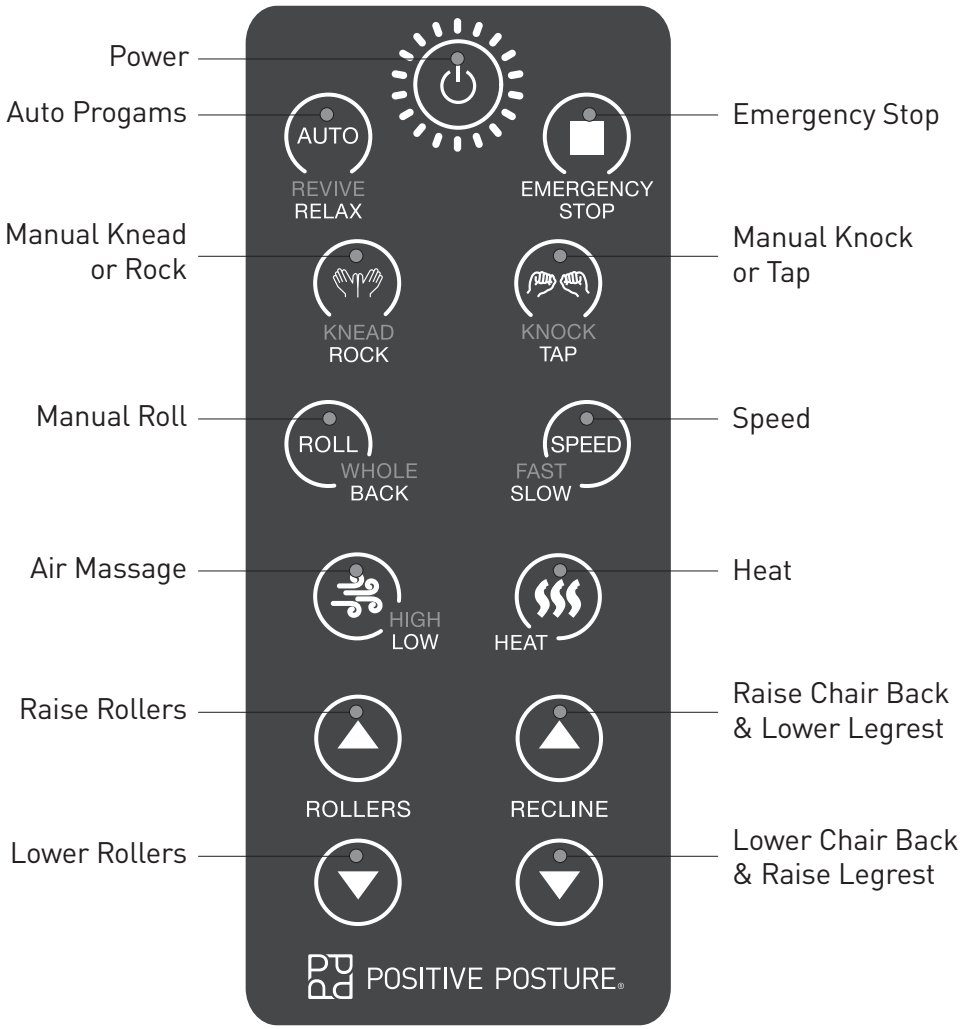


REMOTE FUNCTIONS

CAUTION

TO AVOID DAMAGE

- Do not sit, step, or place heavy objects on the remote control.
- Do not exert excessive force on the remote control.
- Do not operate the remote control using sharp edged or hard objects.



Remote Functions

	• Press this button to turn the remote control power ON and OFF. • When the power is ON, the power button will illuminate. When the power is OFF, the button is not illuminated. • Pushing the POWER button while the chair is activated causes the rollers to return to their storage position and the chair to sit up, after which the chair turns itself off.
	• Press this button once to activate the REVIVE program. When the program is activated the button will illuminate blue. • Press this button a second time to activate the RELAX program. When the program is activated the button will illuminate white. • Pressing this button a third and fourth time will again activate the REVIVE program, then the RELAX program, and so on. • When an Auto Program is activated, high intensity air massage is automatically activated. • During an Auto Program you can add heat in the lower back. • NOTE: Upon the completion of the REVIVE or RELAX program, the chair will automatically incline, rollers will return to their storage position, and the remote will power off.
	• Press this button when you want to stop a massage. • When pressed, the Emergency Stop button will illuminate. • After pressing Emergency Stop, you cannot resume any form of massage. To proceed, you must power off and then power on again.
	• Press this button once to activate manual KNEAD. When KNEAD is activated the button will illuminate blue. • Press this button a second time to activate manual ROCK. When ROCK is activated the button will illuminate white. • Press this button a third time to stop manual ROCK. When the method has been deactivated the button will no longer illuminate. The mechanism will continue to massage your back with the manual Roll. • When manual KNEAD or ROCK is activated, you can adjust the method's SPEED as well as location of coverage (ROLL). • NOTE: The default ROLL is WHOLE and the default SPEED is SLOW. • If you desire a pin point massage in one of these methods, press the ROLL button until it's no longer illuminated and it will massage in the location in which it has stopped. • When manual KNEAD or ROCK is activated, you can combine this with one of the other manual methods, KNOCK or TAP. You can also simultaneously run air massage and add heat in the lower back. • NOTE: Manual massages will automatically stop after approximately 15 minutes of activity. The chair will automatically incline, rollers will return to their storage position, and the remote will power off.

Remote Functions, continued...

	• Press this button once to activate manual KNOCK. When KNOCK is activated the button will illuminate blue. • Press this button a second time to activate manual TAP. When TAP is activated the button will illuminate white. • Press this button a third time to stop manual TAP. When the method has been deactivated the button will no longer illuminate. The mechanism will continue to massage your back with the manual ROLL. • When manual KNOCK or TAP in activated, you can adjust the method's SPEED as well as location of coverage (ROLL). Note: the default ROLL is WHOLE and the default Speed is SLOW. • If you desire a pin point massage in one of these methods, press the ROLL button until it's no longer illuminated and it will massage in the location in which it has stopped. • When manual KNOCK or TAP is activated, you can combine this with one of the other manual methods, KNEAD or ROCK. You can also simultaneously run air massage and add heat in the lower back. • NOTE: Manual massages will automatically stop after approximately 15 minutes of activity. The chair will automatically incline, rollers will return to their storage position, and the remote will power off.
	• Press this button once to activate manual rolling of the entire back and glutes (WHOLE). When WHOLE is selected the button will illuminate blue. • Press this button a second time to adjust manual rolling to the back only (BACK). When BACK is selected the button will illuminate white. • Press this button a third time to stop manual rolling. When manual rolling has stopped the button will no longer illuminate. • When manual Roll in activated, you can combine this with one of the other manual methods, Knock,Tap, Knead or Rock. You can also simultaneously run air massage and add heat in the lower back. • NOTE: Manual massages will automatically stop after approximately 15 minutes of activity. The chair will automatically incline, rollers will return to their storage position, and the remote will power off.
	• Speed can be adjusted during all manual methods (Knead, Rock, Knock, Tap). • Note all methods start with SLOW as the default Speed, the button will be illuminated white. • Press this button a once to change the speed to FAST, the button will be illuminated blue. • Pressing this button a third and fourth time will toggle back to SLOW, then FAST, and so on.

Remote Functions, continued...

	• Press this button once to activate high intensity air massage. When HIGH is selected the button will illuminate blue. • Press this button a second time to active low intensity air massage. When LOW is selected the button will illuminate white. • Press this button a third time to turn off manual air. When this function is deactivated the button will no longer illuminate. • During an Auto Program, press this button to turn off or adjust the intensity of air massage from HIGH to LOW.
	• Press this button to turn the heat on and off in the lower back. • When the heat is on, the heat button will illuminate red. • NOTE: The heat will automatically shut off after 20 minutes.
	• Press and hold these buttons to adjust the roller's position during a manual massage (Knead, Rock, Roll Tap). • The up arrow will move the rollers up the back toward the shoulders. • The down arrow will move the rollers down the back toward the glutes.
	• Press and hold these buttons to adjust the reclining angle of the chair's back and legrest. • The up arrow will incline the chair's back, and restore the legrest to it's resting position. • The down arrow will recline the chair's back, and raise the legrest.

Programmed Sessions

Overview

This chair has two programmed massage sessions. These provide easy-to-use massage options optimized to meet your needs. Each of the below sessions lasts approximately 15 minutes.

Revive

A comprehensive, full body massage program rejuvenates your entire body and your mind preparing you for the day ahead.

Relax

A gentle and soothing full body massage designed to help relax the body and quiet the mind.

WARNING

TO AVOID INJURY

Always check your surroundings before beginning a massage to ensure that no people, pets, or objects will be hit or squeezed by the reclining back or legrest.

CAUTION

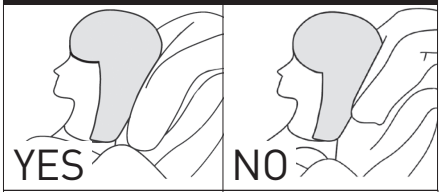
TO AVOID DAMAGE AND INJURY

- This massage chair is meant to be used for indoor household use only. The chair is not designed for commercial purposes.
- If you use the chair in a cold room, do not increase the temperature abruptly. Instead, increase the temperature gradually to a normal level.
- If the chair is stored in a cold place and is moved into a warm environment, wait one hour before use. Otherwise, performance may suffer, or the chair may malfunction due to condensation on the mechanism.
- Do not sit on the chair with the leg rest raised. Sudden heavy weight on the leg rest could cause damage to the mechanism, or it may result in accident or injury.
- Ensure the backrest returns to the upright position before sitting.
- If your leg comes out of the legrest during a massage, do not try to force it back in.
- Do not massage your elbows.
- Do not put anything other than legs in the legrest.

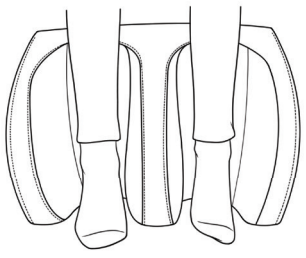
Positioning Yourself in the Chair

- When the chair is off, the rollers are stored in the seat of the chair. This is known as the storage position. If the rollers are not in the storage position, simply reset by pressing the Power button on the remote control before sitting on the chair.
- Sit back fully in the chair so your entire back is against the backrest and your head is leaning into the pillow.
- Adjust the headrest so it sits just above your shoulders and at the base of your neck (see right).
- Place your legs in the legrest (see right).

HEADREST POSITIONING



The headrest position matches the back of the head	The position of the headrest is too high





TO AVOID INJURY

- If you feel the massage is too strong, stop operation immediately.
- Do not place hands or feet into the roller tracks, into the space between the seat and back, or into the moving parts.
- Do not sit wearing hard objects, such as hair accessories or jewelry.
- Keep massage sessions to no more than 30 minutes in length. Do not exceed 5 minutes for an area-specific massage for any part of the body.

Starting a Massage

- Ensure remote power is on (indicated by an illuminated power button).
- Use the remote to select the programmed, manual, or air massage session you desire. Pressing the button once will illuminate the option you have selected.
- Some buttons have dual functions—indicated by two different colored lines of text (blue and white). When you press a button with dual functions a second time, the illumination color will change, and the second listed function will begin.

Stopping a Massage

- To immediately stop a massage, press the Emergency Stop button. The rollers will remain in position, and the chair angle will remain in whatever position it was in when the button was pressed. After pressing Emergency Stop, press the Power button to return the chair to its upright position and to return the rollers to their storage position (in the seat).
- To end a massage at any time, press the Power button. The rollers will return to their storage position (in the seat), and the chair will return to an inclined position.

OPERATION & USE

Selecting an Auto Program

- Press the Auto button to activate an Auto Program.
- Pressing Auto once will activate the REVIVE program. When the REVIVE program is activated the button will illuminate blue.
- Pressing Auto a second time will activate the RELAX program. When the RELAX program is activated the button will illuminate white.
- Pressing Auto a third and fourth time will again activate the REVIVE program, then the RELAX program, and so on.
- AIR INTENSITY NOTE: When an Auto Program is activated, the air massage intensity defaults to HIGH. To reduce air intensity to LOW, press the Air button once. To turn air massage off, press the air button a third time.

Selecting a Manual Session

- Press a Manual button (KNEAD/ROCK, KNOCK/TAP, ROLL) to activate a manual session.
- The first press of a Manual button will cause the button to illuminate blue and activate the function listed below the button in blue.
- A second press of a Manual button will cause the button to illuminate white and activate the function listed below the button in white.
- A third press of a Manual button will stop the manual session
- MASSAGE COVERAGE NOTE: When a Manual massage is activated, coverage defaults to WHOLE. To massage the back only, press the Roll button. To massage one specific point of the body, press the Roll button again, and use the up and down arrows next to ROLLERS to move the massage mechanism to your desired location.
- SPEED OF MASSAGE NOTE: When a Manual massage is activated, speed defaults to FAST. To adjust massage to a slower speed, press the Speed button.
- MASSAGE TIME NOTE: Manual massages will automatically stop after approximately 15 minutes of activity. The chair will automatically incline, rollers will return to their storage position, and the remote will power off.

Selecting an Air Massage

- Press the Air button once to activate high intensity air massage. When high intensity air massage is activated the button will illuminate blue.
- Press the Air button a second time to activate low intensity air massage. When low intensity air massage is activated the button will illuminate white.
- Pressing the Air button a third time will stop all air massage.
- NOTE: Air massage automatically activates during Auto Programs.

Combining Multiple Manual Massages

- A manual session operated by one button may be combined with a manual session operated by another button. Possible combinations are as follows: Knead & Knock, Knead & Tap, Rock and Knock, Rock & Tap.
- To combine manual massages, press a button to activate one manual method desired, then press the other manual method button to activate the second desired massage method.
- NOTE: When a Manual massage is activated, coverage defaults to WHOLE. To massage the back only, press the Roll button. To massage one specific point of the body, press the Roll button again.
- NOTE: When a Manual massage is activated, speed defaults to FAST. To adjust massage to a slower speed, press the Speed button.

Combining Air Massage with Manual Massage

- Manual massage methods may be combined with air massage.
- To activate air massage with a manual massage, press the air massage button after the desired manual massage method(s) have been selected.

Adjusting Air Intensity

- Press the Air button to adjust or turn off air intensity.
- When HIGH is selected the button will illuminate blue.
- When LOW is selected the button will illuminate white.
- When this function is deactivated, the button will no longer illuminate.

Adjusting Coverage & Roller Position

- During a Manual massage only (not during an Auto massage), the roller position and the coverage area can be adjusted.
- When a Manual massage is selected, the rollers will default to massaging along the entire track (neck to glutes), which is defined as WHOLE. In this case, the button will illuminate blue.
- If you prefer a massage on the back only, press the Roll button until it illuminates white.
- To massage one specific point of the body during a manual session, press the Roll button until it is no longer illuminated. You can then use the roller up and down arrows to adjust the specific point of massage. The up arrow will move the rollers up the back toward the shoulders, while the down arrow will move the rollers down the back toward the glutes.

Adjusting Speed

- During a Manual massage, the speed of the massage movements can be adjusted.
- When a Manual massage is selected, the massage will default to SLOW. In this case the button will illuminate white.
- If you prefer faster massage movements, press the Speed button until it illuminates white which indicates a slow massage.

Adjusting Chair Angle

- To recline the angle of the chair's back and incline the legrest, press and hold the Recline Down button.
- To incline the angle of the chair's back and restore legrest toward a resting position, press and hold the Recline Up button.

Turning on Low Back Heat

- Low back heat can be enjoyed on its own, or during any auto or programmed massage.
- To turn on heat, press the Heat button. When heat is on, the button will illuminate red.
- To turn off heat, press the Heat button a second time. When heat is off, the button will not be illuminated.
- Note: heat will automatically shut off after 20 minutes.

Ending a Massage

- To end in the middle of a massage press the Power button. The rollers will return to their storage position (in the seat), and the chair will return to an included position.
- Upon the conclusion of any auto program, air, or manual massage, the rollers will automatically return to their storage position (in the seat), and your chair will restore the upright position.
- Never get out of the chair without first returning it to its full upright position.

CARE & STORAGE

Storage

- After every use, turn off the main power switch located on the back of the chair and unplug the power cord from the wall outlet.
- When not in use, the chair should always be stored in its full upright position (backrest fully inclined, legrest to its lowest position).
- The chair should be stored in a place of low humidity.
- Do not store the chair in direct sunlight or in places of high temperature. This may cause the color of the upholstery to fade.

Cleaning & Care



TO AVOID INJURY

- Before cleaning, always unplug the power cord from the wall outlet.
- Never clean the chair or remote with wet hands.



TO AVOID DAMAGE

- Before cleaning, always unplug the power cord from the wall outlet.
- Never clean the chair or remote with wet hands.

- Use a soft, dry clean cloth to wipe dust off of upholstered surfaces and the remote control.
- For spots on the fabric, dampen a soft, clean cloth with warm water and a mild detergent, then gently rub. Finish with a soft, dry clean cloth.

TROUBLESHOOTING

Troubleshooting Guide

If you encounter problems with the operation of your massage chair, please check the following points to see if they can be easily rectified. If the chair still malfunctions or does not work, please turn off the main power switch and remove the power plug from the wall outlet.

Contact Positive Posture at 720-616-5000 for service. Do not dismantle or attempt to repair the chair yourself. Doing so will void the warranty.

Problem: My chair doesn't work after powering on.
Possible Cause & Solution:

- Ensure the chair is securely plugged into the wall outlet.
- Ensure the main power switch on the back of the chair is switched to the ON position.
- Ensure the remote power is on by pressing the Power button on the remote.
- Ensure a massage session has been selected by pressing any programmed or manual massage button on the remote.
- Other issues may include the wires or plug being damaged, the fuse having burned out, or an issue with the inner circuit. Call Positive Posture for service.

Problem: My chair makes a beeping sound during the massage.
Possible Cause & Solution:

- This sound is normal. There is no cause for concern.

Problem: My chair is very noisy.
Possible Cause & Solution:

- There are many sounds made by the massage chair that are normal. This includes noise during tapping, the sound of the rollers rubbing against the seat covering while kneading, the sound of the rollers moving up and down the track, and the sound of the air pump and the air bags inflating and deflating. If you are hearing sounds other than this, or the sounds suddenly become different/louder, please call Positive Posture for service.

Problem: The left and right rollers are out of alignment.
Possible Cause & Solution:

- The rollers are designed to work independently, so in the stopped position they are sometimes out of line. This is part of the design and is normal.

Troubleshooting Guide, continued...

Problem: The rollers suddenly stopped in the middle of a session.
Possible Cause & Solution:

- The chair may have lost power. Turn off the main power switch, unplug from the wall, then reinsert the power cord into the wall outlet and turn on the main power switch.
- Ensure the massage session didn't complete its cycle by using the remote to select a new massage session, programmed, or manual massage button on the remote.
- Sometimes when there is too much pressure on the rollers, they can stop moving temporarily. To test this, slightly lift your body or slightly raise the reclining seat back.

Problem: The backrest or legrest will not go down entirely.
Possible Cause & Solution:

- Ensure there are not any objects blocking its path.

Problem: The power cord or plug is abnormally hot.
Possible Cause & Solution:

- Stop using the chair immediately. Turn off the main power switch and remove the power plug from the wall outlet. Call Positive Posture for service.

Frequently Asked Questions

Q: Can I put the chair on a wood floor?
A: Yes. However, because the chair could damage the floor surface we recommend laying a carpet or something similar under the chair.

Q: I spilled water on the chair. What should I do?
A: There is danger of electric shock. Immediately stop using the chair and do the following:

- Turn off the main power switch on the back left of the chair.
- Unplug the power from the wall outlet.
- Contact Positive Posture for assistance.

Q: How do I make the massage stronger?
A: Try either of the following things:

- Sit back further in the chair so that your weight is against the reclining seat back.
- Lower the reclining seat back.

Q: How do I make the massage lighter?
A: Try raising the reclining seat back.

Warranty

For warranty information please visit our website at www.positiveposture.com/pages/warranty-support. We recommend that you print this information at the time of purchase and keep it with your Owner's Manual.

Service & Repairs

Before calling for repairs or service, review the Troubleshooting Guide on page 27 to see if the problem can be easily resolved. If the problem persists, contact Positive Posture for assistance at 720-616-5000 or service@positiveposture.com. Please have the following information ready:

- Your name, address, and telephone number
- Model Number (see the specification field on the front cover of this Owner's Manual or review the sticker affixed the back left of the base of your chair)
- Serial Number (see the sticker affixed to the back left of the base of your chair)
- Purchase date
- Malfunction condition (give as much detail as possible)
- Copy of original receipt

Note: We will stock service parts (except fabric) for this massage chair for a minimum of five (5) years after terminating production of the model. The service parts are those necessary to maintain the function of the chair.

SPECIFICATIONS

Model Name	Sōl
Model Number	P1900
Power Supply	AC120V ~ 60Hz
Power Consumption	200W
Rated Time	30 minutes
Back Stroke Range	38" (96.5 cm)
Preset Sessions	2 Sessions
Manual Sessions	5 Sessions
Program Timer	Approximately 15 minutes
Reclining Angle	Approximately 123 degrees to 157 degrees against flat floor
Chair Dimensions	Up: 46" (117 cm) L x 27" (68.5 cm) W x 35" (89 cm) H Recline: 58" (147 cm) L x 27" (68.5 cm) W x 30" (71 cm) H
Seat Width	17" (43 cm)
Seat Depth	15.5" (40 cm)
Chair Weight	110 lbs (50 kg)
Outer Cover	Synthetic Leather
Supplied Items	Power cord
Shipping Dimensions	57" (145 cm) x 30" (76 cm) x 31" (79 cm)
Shipping Weight	143 lbs (65 kg)
Recommended User Weight	190 lbs (85 kg) (maximum)

POSITIVE POSTURE®

Sōl was meticulously designed to conform to your specific comfort and relaxation needs. If you have any questions at all about the operation of your massage chair, please contact a Positive Posture chair expert at 720-616-5000 or service@positiveposture.com.

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